

SENIOR NEWSLETTER JUNE 2017
MUNICIPAL AGENT FOR THE AGING/ SOCIAL SERVICES
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137
awitherbee@eastonct.gov
MONDAY – FRIDAY Hours: 9 AM to 2 PM
OUTREACH PAM HEALY 203-261-0289

Dear Friends,

I am sincerely thankful for all of the response I got to the **Green Eggs & Scams** presentation on May 19th. For those of you who attended, I think you walked away with a lot more information and tips to keep yourself safe from scams, con-artists and frauds on the internet. Our Chief of Police Tim Shaw talked about the importance of not keeping your keys in your car, or any valuables for that matter, and that unless you are calling a company to pay a bill or order something you should **NOT** be giving credit card or any other source of payment to someone on the phone that you did not call yourself! The women from People's United Bank stressed the importance of keeping a list of credit cards, and the numbers for the company they come from, somewhere safe so in the event your purse or wallet is taken you can cancel your cards immediately. Also, be mindful of social media and don't post your whereabouts on Facebook especially if you're out of town and not at home. Paulette from Senior Medicare Patrol talked about the importance of keeping a log of doctor's visits and tests you have had so that you can match up any charges that come on your statements from Medicare. Also, Medicare will **NEVER** call you at home or email you they correspond by the U. S. Postal system so if someone calls saying they are from Medicare hang up! There are a variety of scams out there like the Grandparent Scams and the Sweetheart Scam, but one of the best ways for these con-artists to scam you is information they get from a loved one's obituary. It is a common occurrence that we put all the wonderful things a person did in their lifetime, but when you list names of children, towns they live in and names of grandchildren you are giving these thieves exactly what they want! So please list the number of children and grandchildren and even great grandchildren but no names or towns! Education and awareness are the keys to keeping yourself safe, and I have materials to hand out to anyone who might want to learn more about this!

Happy beginning of summer,

The Commission for the Aging meets Monday June 5th at 5pm at the ESC.